



Student Name _____

Name of Person Completing Form _____

Title of Person Completing Form (ex: GCS staff, GTCC staff, social worker, VR counselor)

How long have you known the applicant? _____

What is or was your relationship with this applicant? _____

Your phone number _____ Email _____

POWER Adaptive Behavior Skills Checklist

Adaptive behavior is a developmentally determined set of coping skills. Deficits in adaptive behavior are defined as non-existent in an individual's effectiveness in meeting the standards of maturation, learning, personal independence, social responsibility and school performance.

*Directions: Please rate the items on this checklist according to how the student performs, and **place this form in a sealed envelope before returning to the student.** Alternatively, you may mail, fax, or email this form to the appropriate Program Coordinator.*

Adult Basic Education Program Coordinator in High Point, Carolyn Bynum, email address chbynum@gtcc.edu, fax (336) 889-4564.

Adult Basic Education Program Coordinator in Greensboro, Krystal Gossett; email address kbgossett@gtcc.edu, fax (336) 358-2181.

The college's mailing address is Guilford Technical Community College, PO Box 309, Jamestown, NC 27282.

Communication Skills

Verbal, written, and listening skills needed for communication with other people, including vocabulary, responding to questions, conversation skills, academic skills, etc.

	Non-existent (0)	Proficient (1)	Comments
Behavior			
Demonstrates the ability to communicate via appropriate			

speech (coherent, sensible, mature)			
Demonstrates the ability to communicate via text/print			
Participates in class discussions and assignments			
	Non-existent (0)	Proficient (1)	
Retains and uses information			
Communicates needs appropriately			
Communicates appropriate feelings			
Can make decisions and choices			
Able to follow multi-step directions			

Socialization Skills

Skills needed to interact socially and get along with other people, including having friends, showing and recognizing emotions, assisting others, and using manners.

	Non-existent (0)	Proficient (1)	Comments
Behavior			
Responds or reacts appropriately to a given situation			
Follows school rules and code of conduct and			

understands reasons for those rules			
Demonstrates appropriate verbal restraint (ex: talks in turn, regulates volume appropriately)			
Respects the rights and property of others			
Controls anger/feelings			
Is flexible (ex: follows a situation's demands or adjusts to new routines)			
Accepts authority (obeys, responds appropriately)			
Responds appropriately to different age groups.			
Attends school/community functions independently.			

Daily Living Skills

Skills needed for personal care, independence, responsibility, and self-control.

	Non-existent (0)	Proficient (1)	Comments
Behavior			
Takes care of personal needs (ex: toileting and washing hands)			
Aware of basic hygiene			

GTCC

GUILFORD TECHNICAL
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Demonstrates appropriate eating behaviors			
Walks independently			
Able to navigate building independently			

Signature of individual completing this form _____ Date _____