



GTCC'S CENTER FOR ACADEMIC ENGAGEMENT,  
COUNSELING CENTER, ACADEMIC  
INTERVENTION TEAM, FINANCIAL AID OFFICE,  
AND STUDENT SUCCESS CENTER

PRESENT

# TITAN UP!

STUDENT SUCCESS WORKSHOPS

**Workshops are FREE!**  
Offered Tuesdays in Greensboro, Wednesdays  
in Jamestown, and Thursdays in High Point!

## FALL 2019 SCHEDULE

Starting Strong--Aug.20, 21, 22  
Un-Muddling Moodle--Aug.27, 28, 29  
Study Skills--Sept.3, 4, 5  
Math Anxiety--Sept. 10, 11, 12  
Test Taking Strategies--Sept. 17, 18, 19  
Time Management--Sept. 24, 25, 26  
Stress Management--Oct. 1, 2, 3  
1/2 Way There! Getting Ahead--Oct. 8, 9 10

Depression and Anxiety--Oct. 16 & 17\*  
*\*Thursday workshops on both Greensboro and  
High Point Campuses*  
Hire Me!--Oct. 22, 23, 24  
Conflict Resolution--Oct. 29, 30, 31  
Scholarships!--Nov. 5, 6, 7  
The Power of Addiction--Nov. 12, 13, 14  
Repaying Student Loans--Nov. 19, 20, 21  
Beating Exam Anxiety--Dec. 3, 4, 5

**Tuesdays:**  
Greensboro Campus,  
W3-333C, 10:30 a.m. &  
12:00 noon

**Wednesdays:**  
Jamestown Campus,  
LRC 211, 10:00 a.m. &  
12:00 noon

**Thursdays:**  
High Point Campus,  
H5-110, 10:30 a.m. &  
12:00 noon

Learn more at <http://www.gtcc.edu/calendar>  
Want a weekly reminder? Text @gtccTitans to the number 81010!